

WHEREAS; Active People, Healthy Nation, an initiative led by the Centers for Disease Control and Prevention (CDC), is committed to helping more than 27 million Americans achieve more physical activity by the year 2027; and

WHEREAS; according to the CDC, an estimated six in ten Americans live with at least one chronic disease, and more than a quarter have two or more chronic diseases, yet most adults and children do not get the necessary amount of aerobic physical activity needed to assist in the reduction and prevention of chronic diseases; and

WHEREAS; in addition to reducing the risk of chronic diseases, increased physical activity can improve overall health and well-being, alleviate stress, improve mental performance and focus, aid in the completion of everyday tasks, and reduce healthcare costs; and

WHEREAS; the state of Wisconsin recognizes the importance of providing access to safe and convenient places to be physically active for people regardless of age, race, income, socio-economic status, ability, or ZIP code; and

WHEREAS; this month, the state of Wisconsin joins dedicated advocates and organizations across the state in supporting the Active People, Healthy Nation initiative by encouraging all Wisconsinites to take steps to be more active and improve their physical health;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim April 2024 as

ACTIVE PEOPLE, HEALTHY NATION MONTH

throughout the State of Wisconsin and I commend this observance
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 22nd day of March 2024.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State