

WHEREAS; mental health includes our emotional, psychological, and social well-being, and it affects how we think, feel, act, handle stress, relate to others, and make choices; and

WHEREAS; mental health conditions are real and prevalent in the lives of Wisconsinites in every corner of our state, and ensuring that folks have access to mental health services is essential to the overall health and well-being of our state; and

WHEREAS; the coronavirus pandemic has significantly contributed to declining levels of mental health in our state and country, and has only underscored the critical importance of quality, affordable, and accessible mental health support; and

WHEREAS; we are reminded that mental health professionals, along with our own personal support systems, can help us embrace and access the tools needed to address mental health needs, build resilience, and take a step closer to a happier and healthier future; and

WHEREAS; when working to address mental health in our communities, we must also work to eliminate the stigma that surrounds mental health challenges and often prevents individuals from seeking help; and

WHEREAS; the state of Wisconsin has been proud to advance and support unique and innovative solutions that address the need for increased mental health resources and services, including the Get Kids Ahead initiative and other measures that address student mental health in our K-12 schools, along with resources for individuals struggling with substance use and other mental and behavioral health disorders; and

WHEREAS; this month, the state of Wisconsin recognizes the importance of mental health to overall health, affirms that mental and behavioral healthcare is healthcare, and encourages all Wisconsinites to take good care of themselves and one another;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 2022, as

MENTAL HEALTH AWARENESS MONTH

throughout the State of Wisconsin and I commend this observance
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 22nd day of April 2022.



TONY EVERS, Governor

By the Governor:



DOUGLAS LA FOLLETTE, Secretary of State