

WHEREAS; the National Osteoporosis Foundation estimates that 10 million Americans have osteoporosis and that another 44 million have low bone density, a risk factor for osteoporosis; and

WHEREAS; research suggests that approximately half of women and up to one-quarter of men will break a bone due to osteoporosis at some point in their lifetime; and

WHEREAS; according to a 2021 study commissioned by the National Osteoporosis Foundation, Medicare beneficiaries in Wisconsin collectively suffered an estimated 38,000 osteoporotic fractures in 2016; and

WHEREAS; osteoporosis and the fractures it can cause are not a foregone conclusion of aging and building strong bones begins in childhood and is critical to the prevention of osteoporosis later in life; and

WHEREAS; osteoporosis can be prevented with a calcium and vitamin D-rich, balanced diet, weight-bearing and muscle-strengthening exercise, and a healthy lifestyle that avoids smoking or excessive alcohol intake; and

WHEREAS; timely bone health screening, diagnosis, and treatment can also help prevent fractures that can lead to hospitalizations and nursing home stays, and cost-effective post-fracture care can reduce the number of subsequent or repeat fractures in individuals who have already experienced an osteoporotic fracture; and

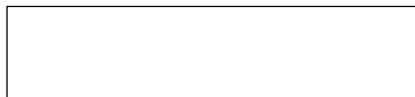
WHEREAS; this month, the state of Wisconsin encourages all Wisconsinites to learn about osteoporosis risk factors and prevention strategies and to take the appropriate steps to maximize their bone health;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 2023 as

OSTEOPOROSIS AWARENESS AND PREVENTION MONTH

throughout the State of Wisconsin and I commend this observance
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 28th day of April 2023.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State