

WHEREAS; Wisconsinites are helpers by nature, always ready to take care of one another and look out for their neighbors; and

WHEREAS; as helpers, many Wisconsinites are exposed to various forms of trauma and toxic stress; and

WHEREAS; resilience is the quality that carries people forward to adapt and recover from adversity and from the impacts of toxic stress and trauma, in particular; and

WHEREAS; Resilient Wisconsin, an initiative of the Wisconsin Department of Health Services (DHS), engages with partners and works across systems to “help the helper” by providing education, resources, and tools that address a wide range of traumatic experiences and are appropriately balanced between individual- and systems-level approaches; and

WHEREAS; through a systems-level approach aimed at strengthening the social determinants of health of every Wisconsinite, Resilient Wisconsin seeks to equip communities with resources to more effectively overcome adversity and build resilience while prioritizing upstream prevention by addressing the root causes of trauma at every age; and

WHEREAS; virtual trainings for first responders and caregivers are publicly available through Resilient Wisconsin for individuals and organizations to use in building trauma-informed agencies and services; and

WHEREAS; the state of Wisconsin recognizes that resilience does not mean having to endure challenges alone and that the key to a stronger, healthier, and more connected future for the state lies in promoting supportive relationships and ensuring that every Wisconsinite knows that it is okay to ask for help and that help is available to them;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 2023 as

RESILIENT WISCONSIN MONTH

throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 21st day of April 2023.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State