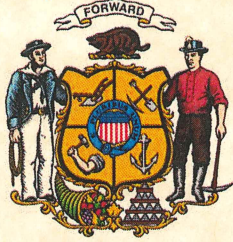


STATE of WISCONSIN



OFFICE of the GOVERNOR

Proclamation

WHEREAS; Family Meals Month is a national effort to encourage families to pledge to share more meals at home per week; and

WHEREAS; family meals are fun, affordable, and healthier than other dining options; and

WHEREAS; 92 percent of United States consumers say they want to eat healthier meals, yet only 30 percent of American families share dinner every night; and

WHEREAS; conversations around dinner tables establish closer relationships and increase parental involvement, and regular family meals are linked to kids earning higher grades in school, improving self-esteem, and resisting negative peer pressure; and

WHEREAS; with each additional family meal shared each week, kids are less likely to show symptoms of violence, depression, and suicide, use or abuse drugs, run away from home, or engage in risky behaviors; and

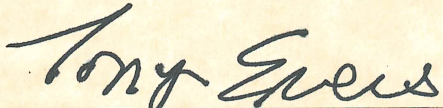
WHEREAS; kids and teens who grow up sharing family meals are more likely to exhibit prosocial behavior as adults, such as sharing, fairness, and respect, and kids and teens who share meals with their family three or more times per week are significantly less likely to be overweight, more likely to eat healthy foods, and less likely to have eating disorders;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim September 2019 as

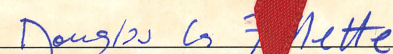
FAMILY MEALS MONTH

throughout the State of Wisconsin, and I commend this observance to all our citizens.

IN TESTIMONY WHEREOF, I have
hereunto set my hand and caused the
Great Seal of the State of Wisconsin to
be affixed. Done at the Capitol in the
City of Madison this 14th day of
August 2019.


TONY EVERS
GOVERNOR

By the Governor:


DOUGLAS LA FOLLETTE
Secretary of State

