

WHEREAS; what is best for our kids is what is best for our state, and every kid in Wisconsin deserves to grow up healthy and have access to nutritious food; and

WHEREAS; preparing and sharing a meal with family can be fun, affordable, and healthy, yet studies show that the number of American families that have dinner together every night is declining; and

WHEREAS; research suggests that family meals are linked to a variety of benefits for kids and teens, including higher grades, improved self-esteem, better ability to resist negative peer pressure, and higher likelihood to exhibit prosocial behavior as adults; and

WHEREAS; conversations around dinner tables can also establish close relationships within families and increase parental involvement in kids' lives; and

WHEREAS; supermarkets across our state are valuable resources for families wishing to share more meals at home, with many offering fresh, prepared foods, as well as cooking demonstrations, cooking classes, recipes, and meal ideas; and

WHEREAS; this month, the state of Wisconsin encourages families throughout our state to share nutritious family meals at home each week;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim September 2022 as

FAMILY MEALS MONTH

throughout the State of Wisconsin and I commend this observance
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 26th day of August 2022.



TONY EVERS, Governor

By the Governor:



DOUGLAS LA FOLLETTE, Secretary of State