

WHEREAS; addressing mental health is essential to the overall health and well-being of every person; and

WHEREAS; mental health conditions are real and prevalent in lives of Wisconsinites across our state, from our farmers to our students, our educators to our construction workers, and our nurses to our stay-at-home parents; and

WHEREAS; our state and our country have been faced with a unique set of challenges due to COVID-19 that have amplified the need for support for all Wisconsinites, especially those already affected by anxiety, depression, trauma, toxic stress, and who have other mental and behavioral health needs; and

WHEREAS; our mental health professionals, along with our own personal support systems, help folks embrace and access the tools they need to build resilience and take a step closer to a healthier future for all of us; and

WHEREAS; in April, the Wisconsin Department of Health Services launched Resilient Wisconsin, a new statewide initiative that aims to provide Wisconsinites with the tools we can all use to build resilience; and

WHEREAS; now more than ever, we have a responsibility to promote our shared values of kindness, empathy, and respect, to take good care of ourselves and each other, and to ensure our friends and neighbors feel supported and know there are people who care for them; and

WHEREAS; there is free, confidential help available for anyone by calling the national crisis hotline 1-800-273-8255, or texting HOPELINE to 741741;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,  
do hereby proclaim May 2020 as

## **MENTAL HEALTH AWARENESS MONTH**

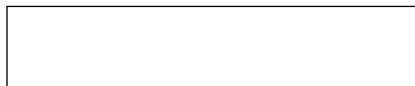
throughout the State of Wisconsin and I commend this observance  
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 27<sup>th</sup> day of April 2020.



TONY EVERS, Governor

By the Governor:



DOUGLAS LA FOLLETTE, Secretary of State