

WHEREAS; resilience is the ability to adapt and recover from adversity within ourselves, our relationships, and our communities; and

WHEREAS; the challenges of the past year have required all Wisconsinites, from our youngest kids to our aging and older adults, to display remarkable resilience, and it is resilience that is going to carry our state forward in the coming year and beyond; and

WHEREAS; when we build resilience, we take a step closer to a healthier future for all of us, because the more we know about how to overcome adversity, the more equipped we are to take care of ourselves and those around us; and

WHEREAS; the COVID-19 pandemic has presented unique and unprecedented challenges for all Wisconsinites, and especially for folks already affected by anxiety, depression, trauma, toxic stress, and those who have other mental and behavioral health needs; and

WHEREAS; Resilient Wisconsin, an initiative of the Wisconsin Department of Health Services (DHS), provides the tools that all Wisconsinites can use to build resilience and understand the science behind toxic stress and trauma; and

WHEREAS; Resilient Wisconsin collaborates with people and organizations throughout our state to support healthy individuals, families, and communities by giving individuals affected by toxic stress and trauma—as well as the professionals and programs that serve them—the support they need to build resilience; and

WHEREAS; we recognize that resilience does not mean having to endure challenges alone, and that the key to a stronger, more connected, and thriving Wisconsin lies in promoting supportive, healthy relationships and ensuring that every person knows it is okay to ask for help;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,  
do hereby proclaim May 2021 as

## **RESILIENT WISCONSIN MONTH**

throughout the State of Wisconsin and I commend this observance  
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 14<sup>th</sup> day of April 2021.



TONY EVERS, Governor

By the Governor:



DOUGLAS LA FOLLETTE, Secretary of State