

WHEREAS; Wisconsinites are helpers by nature, always ready to take care of others both formally and informally, and in both personal and professional capacities; and

WHEREAS; as helpers, many Wisconsinites are exposed to various forms of trauma and toxic stress, which can vary based on context and the different circumstances faced by individuals across our state; and

WHEREAS; resilience is the quality that carries us forward to adapt and recover from adversity, and from the impacts of toxic stress and trauma, in particular; and

WHEREAS; the challenges of the past two years have required all Wisconsinites—and especially folks already affected by anxiety, depression, trauma, toxic stress, and those with other mental and behavioral health needs—to demonstrate remarkable resilience; and

WHEREAS; Resilient Wisconsin, an initiative of the Wisconsin Department of Health Services (DHS), engages with partners and works across systems to “help the helper” by providing education, resources, and tools that address a wide range of traumatic experiences and are appropriately balanced between individual- and systems-level approaches; and

WHEREAS; Resilient Wisconsin seeks to ensure that we build a trauma-informed state where all Wisconsinites, regardless of who they are or where they live, have the support and resources they need to more effectively overcome adversity and build resilience; and

WHEREAS; the state of Wisconsin recognizes that resilience does not mean having to endure challenges alone, and that the key to a stronger, healthier, and more connected future for our state lies in promoting supportive relationships and ensuring that every Wisconsinite knows that it is not only okay to ask for help, but that help is available to them;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 2022 as

RESILIENT WISCONSIN MONTH

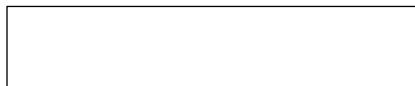
throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 22nd day of April 2022.



TONY EVERS, Governor

By the Governor:



DOUGLAS LA FOLLETTE, Secretary of State