

WHEREAS; addressing mental health is essential to ensuring the overall health and well-being of every Wisconsinite; and

WHEREAS; mental health conditions are real and prevalent in the lives of folks across our state, country, and world, from our farmers to our students, our educators to our construction workers, and our nurses to our veterans; and

WHEREAS; in the face the of the unique and unprecedented challenges of the COVID-19 pandemic, including isolation from friends and family, the need for comprehensive support for all Wisconsinites – especially those already affected by anxiety, depression, trauma, toxic stress, and who have other mental and behavioral health needs – has only been amplified; and

WHEREAS; we are reminded that our mental health professionals, along with our own personal support systems, can help us embrace and access the tools we need to build resilience and take a step closer to a healthier future for everyone; and

WHEREAS; now is the time to eliminate the stigma that too often prevents individuals from seeking much-needed care, which can be done by raising awareness and embodying our Wisconsin values of kindness, respect, empathy, and compassion; and

WHEREAS; today, the state of Wisconsin reaffirms its commitment to making mental health and wellness a priority, and encourages all Wisconsinites to take care of one another, look out for their neighbors, and focus on building resilience; and

WHEREAS; treatment and support services are effective and available statewide, and there is always free, confidential help available for anyone by calling the national crisis hotline 1-800-273-8255 or texting HOPELINE to 741741;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim October 10, 2020, as

WORLD MENTAL HEALTH DAY

throughout the State of Wisconsin and I commend this observance
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 8th day of October 2020.



TONY EVERS, Governor

By the Governor:



DOUGLAS LA FOLLETTE, Secretary of State